

Welcome to your first Patient News!

We will be producing a quarterly newsletter containing Practice updates which will be made available on our website, social media and in our Practice Information Folders at each site.



Parking at Fisherton House

Due to the increasing amount of inappropriate use of our Car Parks at Fisherton House, we have enforced a 1 hour parking policy. Cars parked over this time will be fined up to £75 (this fine is reduced to £35 if paid within 2 weeks). Vehicles will be tracked through Automatic Number Plate Recognition (ANPR) as you enter and as you leave. We have implemented this system for the benefit of our patients to ensure there is ample parking available when they attend the Practice. We have been experiencing many people parking their cars in our Car Park to visit the City Centre, walk to the train station or visit the organisations in the surrounding area, often meaning patients are unable to park.

There may be occasions when your visit to the practice is longer than one hour. If you let us know, we will make adjustments to your permitted length of stay in the Car Park; e.g. if you are attending an event hosted by the Practice, having minor surgery or in the unlikely event your appointment overruns.

Did you know we have a Friends of Salisbury Medical Practice Charity?

Find out more and get involved:
<https://www.friendsofsalisbury.co.uk/>



First Aid Drop-in Sessions

Free monthly sessions with our Paramedic for parents and guardians

15:00 – 16:30

8th August | 12th September | 10th October
14th November | 12th December

Fisherton House, Salisbury Medical Practice

Learn more about managing fever, head injuries, burns, basic life support, managing common illnesses at home and much more!

For more information or to register your interest, please email
katy.gillingham@nhs.net or call 01722 424457

PPG Meeting

Tuesday 20th August
18:00-20:00

Our Patient Participation Group meets quarterly, to support us in providing positive improvements to the Practice.

All patients are welcome to join the group, please contact Katy on 01722 333034 or email katy.gillingham@nhs.net for more information.

Visit our website to find out more about the group.

August Bank Holiday

We will be closed on Monday 26th August. If you require urgent medical advice when we are closed, please call 111 or visit [Salisbury Walk-in Centre](#) (open 8am-8pm weekends and bank holidays).

If it is a life threatening emergency, always dial 999.

Repeat Prescriptions

Please ensure that you request your prescriptions at least 48hrs in advance.

We do not accept repeat prescription requests over the telephone.

Prescriptions can be requested:

- Online (if you have registered for online services)
- By completing a prescription request form in any of our branches
- By emailing WCCG.SMP@nhs.net

Please ensure all details are completed in full, incomplete requests may result in your prescription being delayed.



Register for online services

Did you know that you can order repeat prescriptions, book appointments and view coded records such as blood test results online?

To register for this service please show a photo ID and 2 different proofs of address (dated within the last 3 months, not a mobile phone bill) at any of our Receptions and you will be issued with an online ID.



'Like' us on Facebook and 'follow' us on Twitter

We share up to date information about the practice, news for patients, job vacancies as well as details of events happening locally.



CQC rated 'Good'

View the report on our website:
www.salisburymedicalpractice.co.uk

Support Cafes and Drop-ins at Salisbury Medical Practice

We offer a range of support cafes and drop-ins at the Practice, these are accessible to the whole community; you do not have to be a registered patient to attend. We provide free tea, coffee and biscuits, friendly faces and support should you need it.

All support groups and cafes are held at Fisherton House (excluding our Dementia Friendly Tai – Chi which is held at the Bemerton Heath Centre, Pinewood Way SP2 9HU).

Further details can be found on our website: www.salisburymedicalpractice.co.uk. For more information about any of our support services, please call Marion Barton on 01722 333034 or email marion.barton@nhs.net.

Name	Date and Time	Facilitator
Action on Hearing Loss Group	10:00 - 11:30 1st Wednesday of the month	Hear to Help Salisbury
Affected by Cancer Drop in	10:30 - 12:30 Every Monday	Community First, Supported by MacMillan
Brain Injury Café	10:30 - 11:30 3rd Wednesday of the month	Headway Salisbury
Carer's Café	10:30 - 11:30 1st Tuesday of the month	Carers Support Wiltshire
Dementia Support Café	10:00 - 11:30 4th Tuesday of the month	Hilary Davidson, with Alzheimer's Support
Fibromyalgia Café	14:00 - 15:30 4th Thursday of the month	A volunteer from Fibromyalgia Action UK
Have Your Say	10:30 - 12:30 1st Monday of the month	Wiltshire Centre for Independent Living
Health Trainer Drop-in	10:00 - 12:00 1st Thursday of the month	Wiltshire Council Health Trainers
Knit and Natter	13:00 - 15:00 2nd & 4th Friday of the month	Annie's out of house Wool Shop
Mental Health Awareness Café	14:00 - 15:30 4th Tuesday of the month	Jenny Bolwell
MS Café	11:00 - 13:00 3rd Friday of the month	The MS Society
PALS Drop in	10:00 - 11:30 2nd Monday of the month	Salisbury Foundation Trust

Name	Date and Time	Facilitator
Sight Café	14:00 - 16:00 1st Tuesday of the month	Wiltshire Sight
Singing for Lung Health	Blocks of six sessions: Contact Marion for details	Liv McLennan
Tai Chi (Dementia Friendly)	10:30 - 11:30 Every Wednesday (Bemerton Heath Centre)	Form and Mind Salisbury
Tinnitus Café	13:30 - 15:30 Quarterly (See website for upcoming dates)	The British Tinnitus Association
The Listening Place	10:00 - 11:30 2nd & 4th Thursday of the month	2 Listeners from The Listening Place
Veterans Drop in	16:00 - 18:00 Every Monday	Royal British Legion
Writing for Wellbeing	10:00 - 12:00 (Bemerton Heath Centre) 2:00 - 4:00 (Fisherton House, SMP) 1st & 3rd Thursday of the month	Frances Owen

The Support Cafés and Drop-ins take place in the Fountain Café or the Ebble Room at Fisherton House (unless stated otherwise).

You do not need to be a registered patient, just drop in for a chat and to receive information and support.

Free tea, coffee and biscuits are available!

This leaflet is for guidance only please visit the website or contact Marion on 01722 424457 for more information.

