

**Welcome** to the Salisbury Leg Club monthly newsletter. As you're all aware we have doubled in patient numbers over the past few months and we would like to say a huge thank you for your patience. We do appreciate that the waiting times can be long and we are hoping to find some activities to entertain you whilst you wait so if anyone has any ideas. Puzzles, scrabble, card games they would like to bring in we would be most grateful.



*We would all like to take this opportunity to wish you all a very Happy and Healthy Christmas and 2020!*



### **Christmas Party**

*Do remember that it is our Christmas party on 17<sup>th</sup> December at which we will be drawing the raffle for the lovely Christmas hampers and providing nibbles and festive spirit*



## Meet Natasha and Kirsty



***Kirsty** is our Nurse Associate and **Natasha** is currently undertaking her Nurse Associate training.*

*A Nurse associate is a new role within NHS England. This role is to help bridge the gap between nurses and healthcare assistants. Their training is a two year foundation degree with NMC registration on completion.*

*The role contributes to the core work of nursing, freeing up registered nurses to focus on complex clinical care.*



## Times

*We operate a drop in service from 8.30am – 12 every Tuesday and also have pre booked appointments for Dopplers and hosiery measuring/fitting so if you see someone go before you please bear in mind that everyone has attended for various reasons.*

***For Health and safety reason the doors will not be open to patients before 8.30***

## Raffle tickets and table

### top sale

*Please remember to purchase your raffle tickets if you haven't already done so for our Christmas hamper draw on the 17<sup>th</sup>, we have 4 hampers to give away and all money raised will go towards leg club funds for improving our service to you all.*

*The table top sale is a great way to buy Christmas presents for loved ones and in just two weeks we have already raised £100!!!!*



### ***Sarah the Baker Clarke***

*I'm sure you will all wish to join us in thanking Sarah for her wonderful cakes each month, Sarah never accepts payment for ingredients as she just loves baking and bring a smile to all your faces each week!*



*In order to save the Rugby club some pennies and to lesson our impact of waste please could everyone either use a china mug or bring along their own travel mugs rather than using the disposable ones*

## **Volunteering**

We could not do leg club without the commitment and support of our volunteers, they not only keep you all company and supply you with Tea and cake but they help organise fund raising events, cover for our admin team for holidays and more recently help speed us up by helping us do the buckets.



### ***Eleanor, Jo and Malcolm***

If you or anyone you know would like to join our lovely team of volunteers please get in touch with Katy Gillingham on 01722 424457 or email at [Katy.gillingham@nhs.net](mailto:Katy.gillingham@nhs.net)