

Welcome to the new Salisbury Leg Club monthly newsletter. As you're all aware we have doubled in patient numbers over the past few months and we would like to say a huge thank you for your patience. We do appreciate that the waiting times can be long and we are hoping to find some activities to entertain you whilst you wait so if anyone has any ideas. Puzzles, scrabble, card games they would like to bring in we would be most grateful.



Christmas raffle

To raise funds for Leg Club we are holding a Christmas Hamper raffle to be drawn at the party on the 17th December. Please ask our volunteers if you'd like to buy tickets

Your Team

Left to Right:

Leg Club Lead Nurse Sister **Sarah Fry**
Nurse Manager **Lois Doel**
Sister **Katie Casteldine**
Sister **Liz Andrews**
HCA **Sarah the cake baker Clarke**



Our two Nurse Associates **Natasha** and **Kirsty** are currently on Placements but will be rejoining us very soon!

Table sale as from this week we are also going to introduce a table top sale each week leading up to Christmas with new/nearly new items that have been donated. Feel free to have a browse and find some Christmas/birthday presents. All proceeds help to raise funds for the leg club which will be spent on improving the service we offer, raffle prizes and the forth coming Christmas party as well as other celebrations.

We will be relying on donations of clothes, jewellery, household items; CD'S and books in new or nearly new condition so any good quality items you wish to donate will be greatly received.

Keep your stockings on!

Please remember that the cause of your leg ulcers is those leaky valves in your veins. The simplest way to heal them and prevent further ulcers is by supporting your legs by wearing your stockings!

You'll find most of us wear them too as prevention is better than cure!!



Times

We operate a drop in service from 8.30am – 12 every Tuesday and also have pre booked appointments for Dopplers and hoisery measuring/fitting so if you see someone go before you please bear in mind that everyone has attended for various reasons.

For Health and safety reason the doors will not be open to patients before 8.30

Dates for leg club

Dec 17th – Christmas party and raffle hamper

Dec 24th – open as usual bring your festive cheer

Dec 31st – open as usual

Sam and **Joe** our admin team have been working really hard to support us with our documentation so that we can spend more time with you!

Big thankyou to them both.

If you do have any issues or complaints please raise them with your Nurse instead of the admin team.

